



**ETR 2000**  
**the Berkshires**

**June 16-18, 2000**  
**Lenox, MA**

## Welcome

Welcome to ETR 2000 in the Berkshires! After living here for 13 years we are excited to be able to share the wonderful riding and scenery with our tandem friends. Since communities like Lenox here in the Berkshires are fairly small our options for hosting, and especially feeding, a large group of people has always presented a challenge to hosting ETR. We took inspiration for our rally site from the summer experiences here at Tanglewood and elsewhere in the Berkshires: if you have a crowd, pitch a tent! Dining outdoors requires a little bit of flexibility (and optimism) in dealing with the elements; we figured people who are adventurous enough to travel on tandem bikes will handle it in stride. And we've done all the anti-rain dances we know..... While this ETR is a little smaller in scale than some of the recent events, we have a lot of fond memories of smaller rallies from past years and hope that you will carry away fond memories of your own.

The Berkshires are a very popular tourist attraction during the summer Tanglewood season of July and August, which drove our decision to hold ETR as late in June as possible while avoiding the high season. However, with summer rentals and Symphony staff already moving out here we will be sharing the road with increasing numbers of drivers who are as unfamiliar with the roads as you are. Please stay well to the right while riding, especially on the busier roads so as not to block traffic, and by all means wear your helmets!

We'd like to thank the staff at the Yankee Home Comfort and Samel's Catering for their flexibility and enthusiasm in working with us to stage the rally and the Arcadian Shop for sag support. Special thanks also to Judy Allison, Malcolm Boyd and the rest of the ETR board for their help as our "extended" Rally committee.

Have a great weekend!

Sue & Al Berzinis  
Lenox, MA

## About ETR

Eastern Tandem Rally (ETR) is a not-for-profit organization dedicated to the promotion of annual family tandem bicycle events. Each year at the Rally teams are asked to step forward and volunteer to host a rally in the northeastern section of the United States. The benefits are the ability to sample the creativity of the teams and variety of terrain across the region. However, without the support of volunteers these rallies which we all enjoy will not be possible.

The Board of Directors of ETR will be meeting Friday evening at 9PM in the second-floor conference room at the Yankee. A key agenda item will be to review bids for hosting next year's Rally; this would be the best opportunity to present and discuss your proposal for consideration by the whole group on Saturday evening in our after-dinner meeting.

We are always open to considering proposals from the floor Saturday evening. So, if you have been thinking about hosting a rally we encourage you to talk it up with some other teams and take the leap! It's a lot of fun and a great way to give back to a sport we all enjoy and which has led to so many friendships over the years.

Some statistics on this weekend's participants (103 teams):

<u>State</u>	<u>#</u>	<u>State</u>	<u>#</u>
AL	1	NH	8
CT	7	NJ	11
DE	3	NY	18
FL	1	OH	1
MA	29	PA	12
MD	2	RI	1
ME	1	VA	4
MI	2	VT	2

## General Information

The staff at the Yankee Home Comfort has been very helpful and accomodating with your room reservations. While your lodging (Friday and Saturday night) has been pre-paid from your registration fee, we ask that you settle any additional room charges you may incur at checkout on Sunday. **Please note that checkout time is normally 11am, but they will give us until 12 noon:** they have another group coming in Sunday afternoon so please help them turn the place around for their next guests by checking out BEFORE lunch. We will be holding a few rooms as late shower rooms for your convenience.

**Bicycle storage** in your room is prohibited; if you are uncomfortable with securing your bike on or in your vehicle or onto the railings outside your room, there will be a designated bike storage room that will be locked overnight by the motel staff.

**Food service** on site will take place under the large tent on the grassy area behind the motel. Please refrain from carrying any glass items into the pool areas. We will be serving beer on Friday night and a cash bar will be available on Saturday night. If you wish to consume your own alcoholic beverages, please do so in your own room.

Saturday's lunch will be served on the grounds of the Norman Rockwell Museum in Stockbridge. Please bring and wear your nametags to lunch; they will serve as your admission to the museum. We encourage to take the time to tour the museum before or after lunch; it offers a unique perspective on American culture and history in the 20th century.

### **In case of emergencies:**

For immediate emergency assistance, please dial 911. There are 2 hospitals serving the area: Berkshire Medical Center in Pittsfield, and Fairview Hospital in Great Barrington.

The rally organizers will be carrying a cellphone throughout the weekend in case you need assistance with mechanical difficulties: (413) 441-6012. Sag support will be limited.

Front desk at the Yankee Home Comfort: (413) 499-3700

## Schedule of Events

All food service will be under the large tent behind the main building of the Yankee Home Comfort.

All rides depart from the south exit of the parking lot onto Route 7.

### Friday

Registration 3:00 pm - 10:00 pm

Optional rides on your own

Dinner on your own

ETR Social Gathering 8:00- 10:00 pm  
in the tent  
soda, juices, beer & munchies

ETR Board Meeting 9:00 pm - ?  
2nd floor conference room

## Schedule of Events

### Saturday

Breakfast 7:00 - 8:30 am  
Assemble in front of motel 9:00 am  
Rides leave from south exit 9:15 am

Lunch on the grounds of the Norman Rockwell Museum 12:00 - 1:30 pm  
Guided tours on half hour

Return rides to Yankee Home Comfort

Swap meet 4:00 pm  
Grassy area on the south side of the pool

Dinner 6:00 - 7:30 pm  
Annual meeting 7:30pm

Evening entertainment until 10PM  
(Socialize, enjoy the sunset over the pond, check out the beavers, watch for bears)

### Sunday

Breakfast 7:00 - 8:30am  
Assemble in front of motel 9:00 am  
Rides leave from south exit 9:15 am

Check-out of motel 12:00 noon

Lunch served under the tent 12:00 noon



## Ride Descriptions

The shorter optional rides are a great way to stretch your legs after the drive up here on Friday; they could also serve as short rides for Sunday morning in case you need to get an early start for home. The High Lawn Farm loop (18 mi) is one of our after-work rides, with pastoral farm scenes and a nice sweeping descent into Lee followed by rolling hills back along East Street. The Postcard Views ride (20 mi) is so named because it offers a lot of the scenery that typify Lenox, such as the view of Stockbridge Bowl from the corner of Hawthorne Road; it's also one of the *hillier* short rides you're likely to encounter.

The rides on Saturday have quite a few hills, as we work our way back & forth across some the valleys on our way to & from Stockbridge. The longer ride to lunch (Alford Loop, 36 mi) is our all-time favorite ride here in terms of the scenery it offers; it's worth a few extra miles. The shorter ride to lunch (14 mi) offers a great tandem downhill into Stockbridge. Both rides share the same route out to mile 9.8 in West Stockbridge, so you can see how you feel after warming up on the first hills before making a decision on your route.

The Saturday return rides from lunch (12 or 28 mi) both share the same final legs from Stockbridge up Prospect Hill and it's "cottages" and past the grounds of Tanglewood. The long ride back from lunch offers views of the Housatonic River into Great Barrington along the base of Monument Mountain, followed by the views of Monument Valley on the other side.

Sunday's rides offer routes that run more along the length of valleys and great opportunities to use your tandem's momentum to roll across the terrain. The Berkshire Roller (33 mi) offers the longest stretch of tandem boogie roads we can piece together along with great scenery; the shorter Meadow Loop (25 mi) shares the same Housatonic River meadow scenes in south Lee, as well as a different traverse through Stockbridge.

If you brought along a mountain tandem we suggest you try the trails in Kennedy Park, which occupies the ridge just south of the motel and is most easily accessible from the Arcadian Shop parking lot. We can provide you with trail maps on request.

## Area Attractions

Berkshire Botanical Garden - 15 acres of landscapes & display gardens

Berkshire Scenic Railway Museum - Ride the Lenox Local, a diesel-hauled 15 minute narrated ride in vintage coaches, museum

Chesterwood - the 1920's summer estate of Daniel Chester French, sculptor of the Lincoln Memorial. Sculptures, studio, historic house & gardens

Edith Wharton Restoration - "The Mount", Wharton's home under restoration, open daily

Hancock Shaker Village - 200 year old Shaker settlement with 20 historic buildings including the famous "Round Barn". Working farm, herb & vegetable gardens. Daily talks on Shaker life & worship

Mission House - Built in 1739 by Rev, John Sargeant. Period furnishings, Indian museum, gardens (Trustees of Reservations)

Naumkeag - Berkshire "Cottage" designed by Stanford White in 1886 for Joseph Choate. Original period furnishings, formal gardens (Trustees of Reservations)

Norman Rockwell Museum - Largest collection of original art by Rockwell. Visit his studio and experience the unique perspective on America of this long-time Stockbridge resident.

Pleasant Valley Wildlife Sanctuary - 7 miles of hiking trails through beaver ponds and meadows. The view from behind the Yankee Home Comfort overlooks portions of the Sanctuary.

Shakespeare & Company - Nationally acclaimed festival staged in a mixture of indoor and outdoor settings.

Tanglewood - Summer home of the Boston Symphony Orchestra. Grounds open for excellent views.

## Where to find.....

### Restaurants within walking distance

Sophia's	Greek - Italian, pizza, family dining
Panda House	Excellent Chinese food
Dakota	Steakhouse, huge salad bar
Burger King	
Friendly's	

### Fine Dining in Lenox Village

Spigolina	Mediterranean
Candlelight Inn	American Continental
Church St Cafe	Eclectic, vegetarian
Bistro Zinc	Bistro atmosphere
Cafe Lucia	Northern Italian
Roseborough Grill	Creative American
Lenox 218	Northern Italian, American

### Located in adjacent shopping plaza

CVS drugstore  
Price Chopper supermarket  
Radio Shack  
Ames department store

### Located in shops across street

Nejaimé's wine & cheese shop

### Bicycle shops

Arcadian Shop (Route 7 south) - Cycling, outdoor gear  
Mean Wheels (Lenox Village) - Mountain bike specialists

# Optional Rides

The High Lawn Farm loop (18 mi) is one of our after-work rides, with pastoral farm scenes and a nice sweeping descent into Lee followed by rolling hills back along East Street

The Postcard Views ride (20 mi) is so named because it offers a lot of the scenery that typify Lenox, such as the view of Stockbridge Bowl from the corner of Hawthorne Road; it's also one of the hillier short rides you're likely to encounter.

**Emergencies: Dial 911 Rally Cellphone: (413) 441-6012**

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## Optional Ride - High Lawn Farm

0.0 R	Rt 7 South	8.9 L	stay on Summer St
0.1 S	Continue at stoplight	9.5 R	after steep downhill onto Rt 20
0.3 R	Onto West Mountain Road	9.7 L	just past RR tracks, CAUTION
1.7 R	at triangle, West Dugway Rd CAUTION - PACKED DIRT	10.0 L	Columbia St
2.6	Audubon sanctuary on right	10.6	RR tracks CAUTION BAD ANGLE
3.0 L	at T onto Reservoir Road - steep downhill, waterbars!	11.7 R	Crystal St. under construction, passable; Raised manholes!
3.8 L	up hill, unmarked, to Lenox	12.9 L	uphill
4.8 R	Main St	13.8 R	East St - steep uphill
5.0 L	at monument, continue on 7A	15.0	Watch for buffalo on right
5.2 R	Continue on 7A, Kemble St	16.6 L	New Lenox Rd
6.5 R	Rt 7 South at light	17.4 R	Rt 7 North
7.5 L	Summer St at Highlawn Farm	17.8 L	Yankee Home Comfort

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## Optional Ride - Postcard Views

0.0 R	Rt 7 South	12.7 L	Frothingham Crossing
0.1 S	Continue at stoplight	12.9 R	at T
0.3 R	Onto West Mountain Road	13.0 x	Cross Rt 7 at light, Plunkett St
1.7 R	at triangle, West Dugway Rd CAUTION - PACKED DIRT	13.8 x	Cross Rt 20 to Blantyre Rd DANGEROUS INTERSECTION
2.6	Audubon sanctuary on right	14.5 x	Cross Walker St to East St
3.0 L	at T onto Reservoir Road - steep downhill, waterbars!	15.6 x	Cross Housatonic St, steep uphill
3.8 R	Sharp turn Undermountain Rd	16.8	Watch for buffalo on right
6.1 R	onto Rt 183	18.4 L	New Lenox Rd
6.2 L	Stay on 183	19.2 R	Rt 7 North
6.4 L	Hawthorne Rd view!!	19.6 L	Yankee Home Comfort
7.3 L	Hawthorne St		
9.4 R	at triangle		

**Sunday Short Ride  
Meadow Loop**

<b>Mile</b>	<b>Turn</b>	<b>Description</b>
0.0	R	Rt 7 South
0.1	S	Continue at stoplight on Rt 7 South
0.3	R	Onto West Mountain Road
1.7	R	at triangle onto West Dugway Road CAUTION - PACKED DIRT
2.6		Audubon sanctuary on right
3.0	L	at T onto Reservoir Road - steep downhill, waterbars!
3.9	L	up hill, unmarked
4.8	R	Main St
5.0	L	at monument to continue on 7A
5.2	R	Continue on 7A, Kemble St
6.5	R	Rt 7 South at light
8.0	L	West Rd Watch for oncoming traffic
8.8	x	continue straight at stop sign
9.6	x	Continue straight across Stockbridge Rd, steep downhill
10.6	L	Rt 102 East
10.7	R	Meadow St
10.8		RR tracks at angle
12.1	L	Bear left to stay on Meadow St
12.9	L	At T - DANGEROUS INTERSECTION steep uphill at junction
14.4	R	Towards Rt 20
14.5	S	Continue on Rt 20 East
15.7	L	reverse direction onto Maple St Cut through parking lot E Lee Steakhouse
16.1	R	Bear right to stay on East St
17.7	L	
17.8	R	Mill St
18.6	R	Crystal St - under construction, passable Watch for raised manholes!
19.8	L	uphill
20.7	R	East St - steep uphill
21.9		Eastover Resort - watch for buffalo on right
23.5	L	New Lenox Rd
24.3	R	Rt 7 North
24.7	L	Yankee Home Comfort

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**Sunday Long Ride  
Berkshire Roller**

<b>Mile</b>	<b>Turn</b>	<b>Description</b>
0.0	L	Out of parking lot onto Rt 7 north
0.5	L	Dan Fox Drive (at light)
2.5	L	At airport
3.1	L	Barker Rd, becomes Swamp Rd
5.2	R	Summit Rd
7.1	L	Rt 41 South
11.9		Continue on Rt 41 South
12.1	R	Bear right to stay on Rt 41 through W Stockbridge
12.5	S	Rt 102 East
15.2	x	Cross Rt 183
16.7	L	Continue on Rt 102 East
17.1	S	Through Stockbridge Watch for backing cars, pedestrians
17.4	S	Continue on Rt 102 East
19.1	R	Meadow St
19.2		RR tracks at angle
20.5	L	Bear left to stay on Meadow St
21.3	L	At T - DANGEROUS INTERSECTION steep uphill at junction
22.8	R	Towards Rt 20
22.9	S	Continue on Rt 20 East
24.1	L	reverse direction onto Maple St Cut through parking lot E Lee Steakhouse
24.5	R	Bear right to stay on East St
26.1	L	
26.2	R	Mill St
27.0	R	Crystal ST - under construction, passable Watch for raised manholes!
28.2	L	uphill
29.1	R	East St - steep uphill
30.3		Eastover Resort - watch for buffalo on right
31.9	L	New Lenox Rd
32.7	R	Rt 7 North
33.1	L	Yankee Home Comfort

**Emergencies: Dial 911    Rally Cellphone: (413) 441-6012**

**Eastern Tandem Rally 2000  
in the Berkshires of Western Massachusetts  
June 16-18, 2000**

This year's Eastern Tandem Rally is being held in Lenox, MA in the Berkshire Hills. This area is a popular summer retreat famed for its scenic hills and cooler weather than the cities along the coast; tourist traffic is particularly heavy in July and August when the Boston Symphony Orchestra takes up summer residence at Tanglewood. To avoid the heavy traffic and July heat we chose the weekend of June 16th-18th.

Spring comes a bit later in the Berkshires due to the elevation, so June is the nicest month for riding with many of the spring flowers still in bloom. We realize that this is a bit earlier in the summer than recent ETR custom and hope that those of you with teaching commitments or children in school can make arrangements and join us.

Although Lenox sees upwards of 20,000 visitors on a summer weekend, the bulk of these are day-trippers and so we are lacking in a large conference facility to host the Rally. This reality has caused us to put off hosting the Rally here for the past 12 years; with the recent upgrade of several motels in Lenox we decided we had a workable lodging base for 120 teams. This is smaller than recent history, however that is still a lot of tandems on the road at one time! The recent ETR survey feedback also indicated that "small" rallies of 100-120 teams were fondly remembered by many so we're confident it will still be a rewarding experience.

The host motel, The Yankee Home Comfort, has abundant grass on the grounds and an in-ground pool. In the rear the motel grounds open out to overlook the beaver ponds and forest of an Audubon Sanctuary, with sunset behind the mountains. We will use a motel across the street for additional rooms. Restaurants and groceries are within easy walking distance.

We will offer you the classic Berkshire summer dining experience with all meals catered outdoors under a large tent with mountain views. Saturday's lunch stop will also feature mountain views from the grounds of the Norman Rockwell museum in Stockbridge; admission to the museum is included in your registration fees.

While the riding around Lenox and Stockbridge is very scenic we do need to point out that the riding is hilly - no way to get the views unless you climb something! A remote-start option will be offered for Saturday's ride that minimizes the hills but you will still be climbing.....and the descents get a tandem up over 40mph very quickly. Around Lenox there are no flat ride options.....

So, if you don't find riding in the hills enjoyable, this may not be the rally for you. If you enjoy the challenge of hill climbing and approach them with a positive attitude, we will offer you some wonderful riding. We also have a park in Lenox with wonderful trails and carriage paths, so if you want a real challenge bring along your mountain tandem for some extra fun!

We are also offering an option of a Saturday-only ride registration package which includes lunch at the Rockwell museum. For those of you driving up for the day or wishing to extend your stay, you may find more information on activities and lodging in the Berkshires by visiting [www.berkshires.org](http://www.berkshires.org) on the Web.

Hope you can join us this summer!  
Sue & Al Berzinis



**Eastern Tandem Rally 2000**  
**in the Berkshires of Western Massachusetts**  
**June 16-18, 2000**

**PLEASE PRINT:**

NAME \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_

**IN CASE OF EMERGENCY, PLEASE CONTACT:**

NAME \_\_\_\_\_

TELEPHONE \_\_\_\_\_

WEEKEND REGISTRATION per team \$475 \$\_\_\_\_\_  
*Includes lodging, meals, insurance, maps, admissions,  
Polo-style shirts (specify sizes S - XL) \_\_\_\_\_, \_\_\_\_\_*

WEEKEND REGISTRATION children 13 and over \$165 \$\_\_\_\_\_  
*Includes meals, insurance, maps, and admissions*

WEEKEND REGISTRATION children 5-12 \$125 \$\_\_\_\_\_  
*Includes meals, admissions*

SATURDAY-ONLY REGISTRATION per team \$ 45 \$\_\_\_\_\_  
*Includes lunch, insurance, maps, admission*

Children's T-shirts - please specify size \_\_\_\_\_ \$ 8 \$\_\_\_\_\_

Extra polo shirts - please specify size \_\_\_\_\_ \$ 20 \$\_\_\_\_\_

**Total \$\_\_\_\_\_**  
**(US \$)**

**Make checks payable to "TANDEM 2000"**  
**Send to: Sue Berzinis, 190 Hubbard Street, Lenox, MA 01240**

**PLEASE READ AND SIGN THE RELEASE FORM ON OTHER SIDE**

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL  
CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the ETR Rally, June 16-18, 2000, an event sponsored by Eastern Tandem Rally, Inc. I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS");(b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PARTICIPANT'S SIGNATURE (only if age 18 or over)	PRINTED NAME OF PARTICIPANT	DATE
_____	_____	_____
_____	_____	_____

ADDRESS: \_\_\_\_\_ Phone: \_\_\_\_\_  
(Street) (City) (State) (Zip)

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

PARENT/GUARDIAN SIGNATURE (only if age 18 or over)	PRINTED NAME	DATE
_____	_____	_____

ADDRESS: \_\_\_\_\_ Phone: \_\_\_\_\_  
(Street) (City) (State) (Zip)

Please copy and complete this release for all minor children.

### Saturday Short Ride to Lunch

- |  |  |
|--|--|
| <p>0.0 R Rt 7 South</p> <p>0.1 S Continue at stoplight</p> <p>0.3 R Onto West Mountain Road</p><br><p>1.7 R at triangle, West Dugway Rd<br/>CAUTION - PACKED DIRT</p> <p>2.6 Audubon sanctuary on right</p> <p>3.0 L at T onto Reservoir Road - steep downhill, waterbars!</p> <p>3.8 R Sharp turn Undermountain Rd</p> <p>6.1 R onto Rt 183</p> <p>6.2 R Bear right up hill</p> | <p>7.6 Scenic overlook on left</p> <p>7.7 L Lenox Branch Road<br/>CAUTION - LONG DESCENT with stop sign at bottom</p> <p>9.7 L at stop sign, Swamp Rd</p> <p>9.8 L Rt 102 through W Stockbridge</p> <p>12.9 R at blinker light, Rt 183 South</p> <p>13.7 L Butler Rd (just past entrance to museum)</p> <p>14.1 L To picnic area</p> |
|--|--|

### Saturday Long Ride to Lunch

- |  |   |
|--|---|
| <p>0.0 R Rt 7 South</p> <p>0.1 S Continue at stoplight</p> <p>0.3 R Onto West Mountain Road</p><br><p>1.7 R at triangle, West Dugway Rd<br/>CAUTION - PACKED DIRT</p> <p>2.6 Audubon sanctuary on right</p> <p>3.0 L at T onto Reservoir Road - steep downhill, waterbars!</p> <p>3.8 R Sharp turn Undermountain Rd</p> <p>6.1 R onto Rt 183</p> <p>6.2 R Bear right up hill</p> | <p>7.6 Scenic overlook on left</p> <p>7.7 L Lenox Branch Road<br/>CAUTION - LONG DESCENT with stop sign at bottom</p> <p>9.7 L at stop sign, Swamp Rd</p> <p>9.8 R at stop sign onto Rt 102</p> <p>10.0 L to remain on Rt 102 West</p> <p>11.3 L Onto West Center Road</p><br><p>14.6 R onto Willson Rd</p> <p>15.2 Continue on West Rd</p> |
|--|---|

- |  |  |
|--|--|
| <p>19.6 R Bear right at triangle onto N Egremont Rd</p> <p>21.0 L at T onto Green River Rd</p> <p>21.1 R Rowe Rd at triangle (unmarked)</p> <p>22.4 L Onto Rt 71 South</p><br><p>22.8 Old Egremont Country Store</p><br><p>25.5 L Onto Hurlburt Rd</p> | <p>27.6 L Alford Rd<br/>(Simon's Rock College)</p> <p>28.5 R Onto Division St</p> <p>30.4 x Cross Rt 41 - watch for traffic</p> <p>30.5 L Van Deusenville Rd (past RR tracks)</p> <p>32.3 S Straight across onto Rt 183 No. (do not cross under RR bridge)</p> <p>35.7 R Butler Rd</p> <p>36.1 L Lunch</p> |
|--|--|

**NOTE: Short and Long Rides Split at Mile 9.8 in W. Stockbridge**  
**Emergencies: Dial 911 Rally Cellphone: (413) 441-6012**

## Saturday Return Rides from Lunch

The Saturday return rides from lunch (12 or 28 mi) both share the same final legs from Stockbridge up Prospect Hill and it's "cottages" and past the grounds of Tanglewood

The long ride back from lunch also offers views of the Housatonic River into Great Barrington along the base of Monument Mountain, followed by the views of Monument Valley on the other side.

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### Short Return - Prospect Hill

- |  |  |
|--|--|
| 0.0 L from picnic area   | 8.2 L at monument at top of hill                         |
| 0.1 S Cross footbridge   | 8.3 S Continue past monument through Lenox, steep uphill |
| 0.2 L Onto Glendale Rd (Unmarked)                                | 9.5 L Onto Rt 7 North                                    |
| 0.5 L across river   | 11.7 L Yankee Home Comfort                               |
| 1.2 L at busy intersection across from Red Lion Inn (jct. Rte 7) |  |
| 1.4 L Prospect Hill Rd   |  |
| 6.6 R at T towards Lenox   |  |

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### Long Return - Monument Mountain Loop

- |   |   |
|---|---|
| 0.0 R Butler Rd                                       | 17.5 S Continue past monument                             |
| 0.4 L Rt 183 South                                    | 17.7 L Prospect Hill Rd                                   |
| 3.7 L Under RR bridge stay on 183                     | 18.2 Naumkeag (Berkshire "cottage")                       |
| 6.6 R Rt 7 South                                      | 22.9 R at T towards Lenox                                 |
| 8.0 L At stoplight Rt 23 East                         | 24.4 L At monument at top of hill                         |
| 10.3 L Monument Valley Rd Watch for oncoming traffic! | 24.5 S Continue past monument through Lenox, steep uphill |
| 14.9 R Rt 7 North                                     | 25.7 L Onto Rt 7 North (4-lane)                           |
|   | 27.9 L Yankee Home Comfort                                |

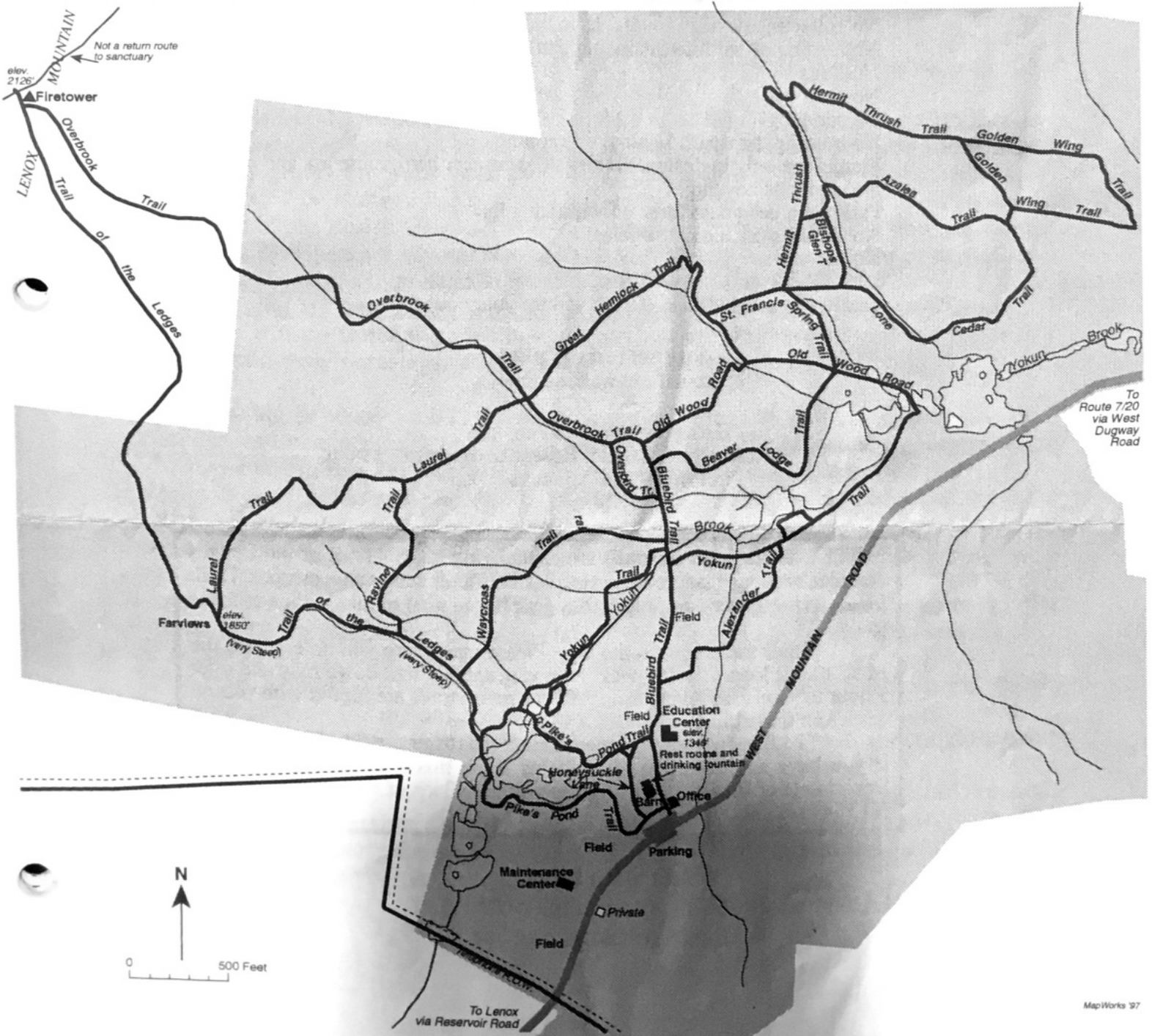


# Pleasant Valley Wildlife Sanctuary

Sanctuary trails are color-coded for visitor safety and convenience. Blue leads away from the office and yellow leads back.

Hiking to the Summit of Lenox Mountain—Pleasant Valley's longest trail, the *Overbrook Trail*, provides initial access to the top of Lenox Mountain. Hiking to the top takes approximately two hours round-trip. This trail meanders through the cool northern hardwood forest, along a small mountain stream. As you hike approximately 800 vertical feet to the summit, watch for subtle changes in the plant community as you rise in elevation. At the summit, enjoy the western view of the Taconic Range, and, on a clear day, look for the Catskills. Please note that both the *Trail of the Ledges* and the *Overbrook Trail* are challenging hikes. *Trail of the Ledges* contains sections that are very steep and should only be hiked up, not down. Please bring water and proper foot gear if you plan to hike either of these trails. *At the peak, note where the Massachusetts Audubon Society return trail is located. Following another trail down may add over one hour to your total hiking time. All our return trails are blazed with yellow circles on tree trunks.* The fire tower and the area around the tower are state-owned. If you have any questions or concerns about that area, contact the Massachusetts Department of Environmental Management, Division of Forests and Parks, at 413-442-8928.

## Trail Map





Berkshire Wildlife Sanctuaries  
472 West Mountain Road  
Lenox, MA 01240  
(413) 637-0320

## Sanctuary Regulations

Pleasant Valley exists for the protection of all plants, animals, and other life forms as well as for the education and pleasure of its human visitors. We ask that you please follow these regulations:

- No collecting of plants, animals, rocks, and other natural objects
- No feeding of wildlife (including fish)
- No dogs
- No fires
- No camping
- No hunting, firearms, fishing, or trapping
- Picnicking only in designated areas (lawns near barn, museum, and office)
- No alcoholic beverages
- Parking in designated area only (parking lot)
- No vehicles (including bicycles)
- No horses

Please remain on marked trails. Thank you for your cooperation.

### Suggested Walks (round trip walking time)

- Pike's Pond Trail - 30 minutes
- Bluebird, Yokun, Beaver Lodge loop - 1 hour
- Firetower - 2 to 2.5 hours

**NOTE:** Both firetower trails are challenging hikes. Trail of the Ledges contains sections that are more steep and difficult than the Overbrook Trail. Please bring water and proper foot gear if you plan to hike either of these trails.

Other trails exist at the top. Please make sure you note where the MAS trail is located at the peak: following another trail down may add over 1 hour to your total hiking time. All our return trails are blazed with yellow circles on tree trunks.

The firetower and the area around the tower are STATE OWNED. If you have any questions or concerns about this area, contact the MA. Department of Environmental Management Division of Forests and Parks at (413) 442-8928.

### Trail Markings

- Blue - away from the office
- Yellow - toward the office



## Welcome to Eastern Tandem Rally

ETR in the Berkshires is only a few weeks away, and we're looking forward to seeing you all for a wonderful weekend of riding in and around Lenox, Massachusetts! Registration begins at 3 pm on Friday June 16<sup>th</sup>; a social is planned from 8-10 pm with soda, beer & popcorn to give you all an opportunity to greet old friends and make some new ones.

On Saturday we will offer a selection of morning rides which will all depart from the host motel at 9 am. All ride routes will meet at the grounds of the Norman Rockwell Museum in Stockbridge for a catered lunch. After lunch you'll be free to stroll the grounds, tour the Rockwell museum, and then take in some of the sites around Stockbridge as we ride back to Lenox. Bring your most interesting bits of tandem gear to the swap meet Saturday afternoon.

On Sunday morning we will offer a selection of rides that loop out & back so that we can serve you lunch back at our host location. If you have a mountain tandem you might want to bring it along, we have some excellent trails in nearby Kennedy Park that you can try your skills on. There is also an Audubon sanctuary nearby offering beaver ponds and numerous hiking trails for you to relax on.

**Accommodations:** ETR 2000 will be headquartered at the Yankee - Home Comfort on Route 7 in Lenox (telephone: 413-499-3700). It is equipped with an outdoor and indoor pool and lovely grassy grounds; all rooms are air-conditioned. Please note that your tandems will NOT be allowed in your rooms; we expect to arrange a common room area to secure them if you desire. Best bet is to lock them on or in the vehicle you are using to traveling to ETR. There are several restaurants within easy walking distance as well as a supermarket. If you are interested in child care please call us ASAP.

For teams who are only riding with us on Saturday: Please be sure to stop in and register at the Yankee-Home Comfort before 9 am on Saturday so that you can pick up route sheets and your nametags, which will serve as admission to lunch and the museum.

**What to bring & wear:** June is the nicest month of the year in the Berkshires, with daytime temperatures typically in the mid- and upper 70's. However, being located in the hills the weather can be a bit changeable and you should be prepared in case the mountains kick up some rain showers in the afternoon. Bring tights and a rain jacket to make sure we get some sunny, warm weather.

We will be serving all meals outdoors (breakfast, lunch, dinner) under a large tent on the grounds of the motel for a taste of the Berkshire summer festival spirit. You may find that temperatures will dip quickly in the evening so you should bring your favorite sweatshirt or fleecy pullover to be comfortable. You should also bring your favorite insect repellent - Citronella candles only go so far.

For riding, helmets are required. We recommend you have a triple chainring-granny gear on your tandem for maximal riding enjoyment. We also suggest you leave your skinny tires at home; we do get frost-heave around here and you will also be riding some stretches of hard-packed dirt.

Just a reminder that the rally serves as our annual meeting of the Board of Directors and the general membership. We are still seeking nominations for next years' ETR; it's a lot of fun to throw a party for a couple hundred of your tandem buddies so please consider whether next year is your turn!

See you soon!

Sue & Al Berzinis

413-637-1718

**Directions to ETR 2000 and the Yankee - Home Comfort  
June 16-18th  
Lenox, Massachusetts**

**FROM BOSTON and points east**

Take Exit 2 off the Mass Pike (I-90) onto Route 20 West winding through Lee towards Lenox and Pittsfield. Continue north for 8.1 miles (turns 4-lane with merge of Route 7); the Yankee-Home Comfort will be on your left just after the Mobil station.

**FROM CONNECTICUT:**

Follow I-91 North to the Mass Pike (I-90) heading west towards Albany. Take Exit 2 off the Mass Pike (I-90) onto Route 20 West winding through Lee towards Lenox and Pittsfield. Continue north for 8.1 miles (turns 4-lane with merge of Route 7); the Yankee-Home Comfort will be on your left just after the Mobil station.

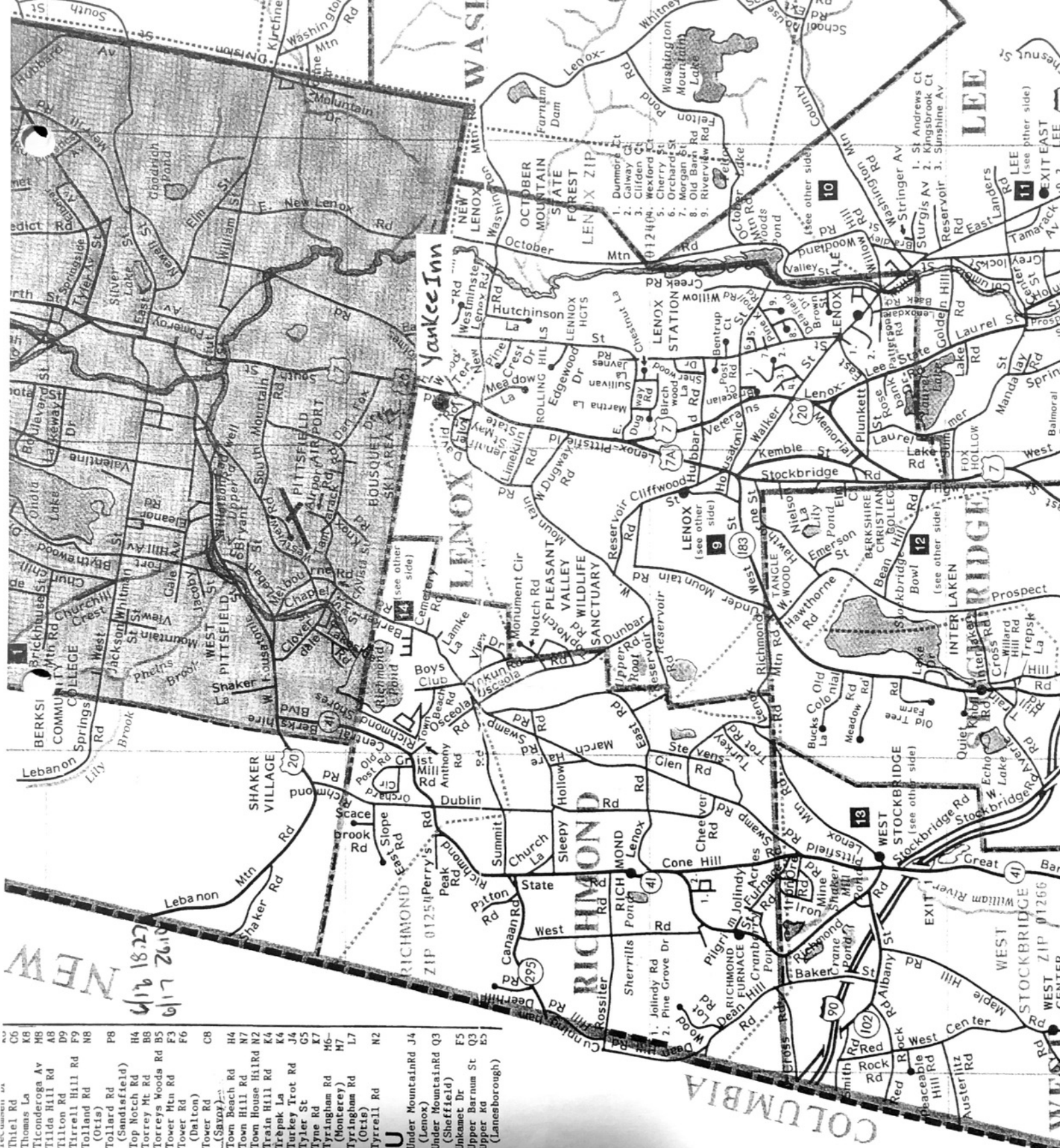
**FROM ALBANY and points west:**

Take the NY State Thruway Extension into Massachusetts (I-90, Mass Pike) and take Exit 2 off the Mass Pike (I-90) onto Route 20 West winding through Lee towards Lenox and Pittsfield. Continue north for 8.1 miles (turns 4-lane with merge of Route 7); the Yankee-Home Comfort will be on your left just after the Mobil station.

**FROM NYC and points south:**

Follow any of the parkways north to I-87 N (NYS Thruway). Take the NY State Thruway Extension into Massachusetts (I-90, Mass Pike) and take Exit 2 off the Mass Pike (I-90) onto Route 20 West winding through Lee towards Lenox and Pittsfield. Continue north for 8.1 miles (turns 4-lane with merge of Route 7); the Yankee-Home Comfort will be on your left just after the Mobil station.





- NEW**  
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- |                    |     |          |                   |   |                   |    |          |                |    |
|--------------------|-----|----------|-------------------|---|-------------------|----|----------|----------------|----|
| Thiel Rd           | C6  | Richmond | Perry's Rd        | U | Under Mountain Rd | J4 | Richmond | Leavenworth Rd | 10 |
| Thomas La          | K8  | Richmond | Peak Rd           | N | (Lenox)           | Q3 | Richmond | Shaker Mtn Rd  | 20 |
| Ticonderoga Av     | M8  | Richmond | Orchard Rd        | N | (Sheffield)       | F5 | Richmond | Lebanon Mtn Rd | 20 |
| Tilda Hill Rd      | A8  | Richmond | Summit Rd         | N | Upper Barnum St   | Q3 | Richmond | Shaker Mtn Rd  | 20 |
| Tilton Rd          | D9  | Richmond | Church La         | N | Upper Rd          | E5 | Richmond | Shaker Mtn Rd  | 20 |
| Tirrell Hill Rd    | F9  | Richmond | Sleepy Hollow Rd  | N | (Lanesborough)    | H8 | Richmond | Shaker Mtn Rd  | 20 |
| Tolland Rd         | N8  | Richmond | State Rd          | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tollard Rd         | D7  | Richmond | Sherrills Pond Rd | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tollard Rd         | J4  | Richmond | Pine Grove Dr     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Top Notch Rd       | H4  | Richmond | Pilgrimage Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Torrey Mt Rd       | B8  | Richmond | Pittsford Rd      | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Torrey Woods Rd    | B5  | Richmond | Rockwell Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tower Mtn Rd       | F3  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tower Rd           | F6  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tower Rd           | C8  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tower Rd           | N7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Town Beach Rd      | H4  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Town Hill Rd       | N7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Town House Hill Rd | N2  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Trepank La         | K4  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Trepank La         | K4  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tyler St           | J4  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tyne Rd            | K7  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tyringham Rd       | M6  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Monterey)         | M7  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tyringham Rd       | L7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Tyrrell Rd         | N2  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Under Mountain Rd  | J4  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Lenox)            | Q3  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Under Mountain Rd  | F5  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Unkanet Dr         | Q3  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Upper Rd           | E5  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Lanesborough)     | H8  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Saint Andrews Ct   | J5  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Salt Box Rd        | E5  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Samantha La        | L3  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sand Spring Rd     | A5  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sandisfield Rd     | N6  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Monterey)         | P7  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sandisfield Rd     | P7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Sandisfield)      | P8  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sandisfield-New    | P8  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Boston Rd          | D7  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sandmill Hill Rd   | D7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sandmill Rd        | D7  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sargent Rd         | J7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Savoy Hollow Rd    | B8  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Savoy Rd           | B8  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Drury)            | B8  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Savoy Rd           | B8  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Savoy Rd           | B8  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Scacebrook Rd      | H3  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Scace Rd           | H7  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| School St          | A7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Schoolhouse Rd     | J6  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Becket)           | E9  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Schoolhouse Rd     | E9  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Windsor)          | J6  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Schoolhouse Rd     | J6  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| EXT                | J6  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Scott Hill Rd      | B5  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Scott Rd           | D5  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Lanesboro)        | D9  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Scott Rd           | D9  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| (Savoy)            | M3  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Seakonk Rd         | M3  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Seakonk Rd         | M3  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Sergeant St        | P7  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Shade Rd           | G4  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Shaker La          | G3  | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Shaker La          | G3  | Richmond | Rossiter Rd       | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |
| Shaw Rd            | E8- | Richmond | Round Hill Rd     | N |                   |    | Richmond | Shaker Mtn Rd  | 20 |

**LEE**  
 EXIT EAST  
 1. St Andrews Ct  
 2. Kingsbrook Ct  
 3. Sunshine Av

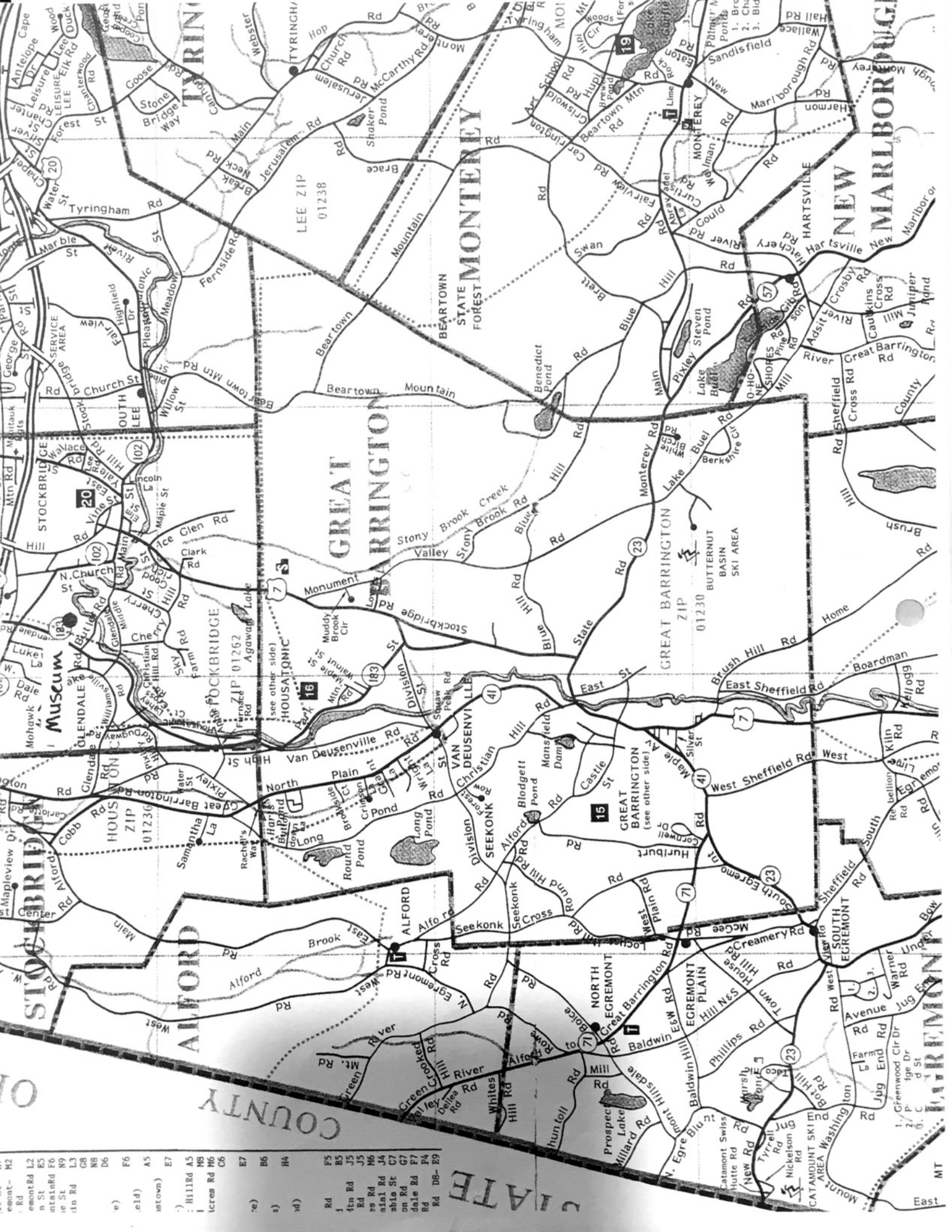
**RICHMOND**  
 ZIP 01256

**Yankee Inn**

**LENOX**  
 ZIP 01244

**RICHMOND**  
 ZIP 01256

**NEW**  
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M2  
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STATE  
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 ALFORD  
 NORTH EGREMONT  
 SOUTH EGREMONT  
 GREAT BARRINGTON  
 STOCKBRIDGE  
 ALFORD  
 GREAT BARRINGTON  
 STATE FOREST MONTEREY  
 BUTTERNUT BASIN SKI AREA  
 MOUNTAIN  
 LAKE BUEL  
 CATAMOUNT SKI AREA  
 MOUNTAIN  
 EAST





# Berkshire Sanctuaries

*Canoe Meadows Wildlife Sanctuary*  
*Pleasant Valley Wildlife Sanctuary*

Massachusetts Audubon Society

May - August 2000

Volume 22, Number 2

## Focusing on Habitat

"Conservation of Massachusetts Habitats" has been chosen as the Massachusetts Audubon Society's first programmatic theme. The theme was proposed by an ad hoc staff committee known appropriately as "The Theme Team" after extensive input from staff and volunteers alike and then approved by the Society's Board of Directors at their January meeting. Laura Tate Beltran, our Education Coordinator, was a member of the team.

The selection of a theme is an integral part of Massachusetts Audubon Society's new, focused approach to implementing its mission which is "protecting the nature of Massachusetts." The theme, only the first of more to follow, will be in effect for up to four years, at which time another theme will take prominence. The theme approach will enable the Society to focus its attention and resources on a particular challenge facing the Massachusetts environment. Within this broad theme, the three new administrative regions of the Society will focus on habitats of particular interest and importance in their respective regions as points of focus for them. Berkshire Wildlife Sanctuaries has approximately a dozen main habitat types as listed in *The Nature of Massachusetts* by Christopher Leahy, John Hanson Mitchell, and Thomas Conuel. Some of these habitats include wet meadows, cultural grasslands, ponds, streams, various types of forest, and more.

The focus of our public programs, ecological management, advocacy, and land protection efforts will be on habitat communities and the special creatures they harbor. Of course this will not be our only focus over the next several years, but it will be a primary focus. There will be many opportunities for involvement in these endeavors by our members and the public as we integrate this theme into our daily conservation and education work. We invite you to join us in upcoming programs and events. Look for the following symbol next to programs related to the theme in this newsletter:

René Laubach  
Sanctuary Director

## Sanctuaries Awarded Funds for River Education

Berkshire Wildlife Sanctuaries is pleased to announce the receipt of a \$5,000 grant from the Western Massachusetts Electric Company for its Housatonic River Watershed Education Project. The funds will be used to expand the program in Berkshire middle schools. Our program is unique in this area in that it combines four in-class lessons about the natural and cultural history of the Housatonic with an actual half-day canoe trip on the river in Lenox. Enabling area sixth and seventh graders to experience the river first hand is crucial to building a life-long positive relationship with it.

The program is also funded by contributions from the Pittsfield, Lenox, and Dalton Arts Councils and is offered free of charge to participating schools. Begun in 1996, the project to date has served over 2,000 Berkshire middle school students. The curriculum was developed and taught by the Sanctuaries' Outreach Educator, Gayle Tardif-Raser.



### We Need Volunteers for Upcoming Special Events at Pleasant Valley:

**Native Plant Sale - June 2, 3, and 4 (see page 5)**  
**Walk-on-the-Wild-Side - June 10 (see page 3)**  
**The Enchanted Forest in October (see page 5)**